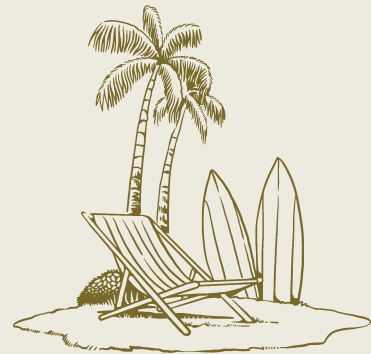




# ANANTA SAMPLE MENU

## Every Meal Feels Like Home

We offer three chef-prepared meals a day, available in our restaurant-style dining room. All of our food is expertly prepared with quality, seasonal ingredients to support the health and satiety of our residents.



“Serving seniors healthy and delicious cuisine is our true passion and fuels our commitment to excellence.”

**Chef Armando Chavez**

Regional Dining Services Coordinator



### SAMPLE BREAKFAST OPTIONS

- Hot & Cold Cereals
- Eggs, Any Style
- Toast
- Hash Browns
- Bacon
- Sausage
- French Toast
- Waffles
- Pancakes
- Juice, Tea, & Coffee



### SAMPLE LUNCH OPTIONS

- Chicken Noodle Soup
- Salad
- Sandwich & Panini Bar
- Roasted Cod Filet
- BBQ St. Louis Ribs
- Baked Potato
- Fresh Asparagus
- Coconut Cream Tarts



### SAMPLE DINNER OPTIONS

- Lemon Chicken Orzo Soup
- Salad
- Tuscan Chicken Breast
- Salmon Croquettes
- Vegetarian Stir Fry
- Potato Wedges
- Sweet Green Peas
- Lemon Mousse